

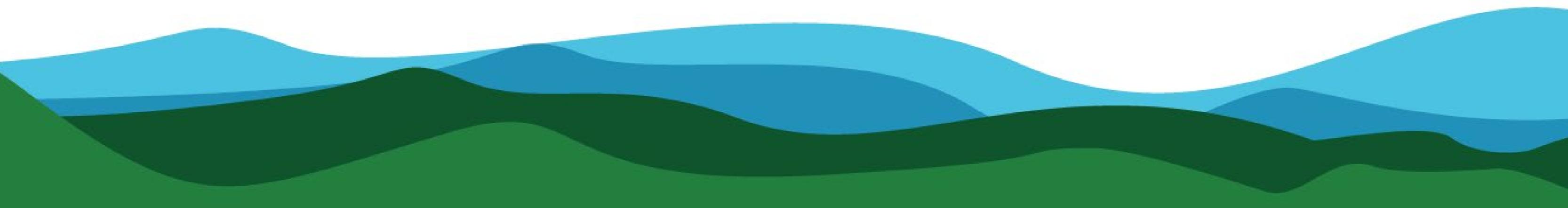


Multi-solving in Wild Wonderful Healthy Logan: Expanding Food Access & Skill-Building for Individuals in Recovery.

Chad Akers, President, Hungry Lambs Food Initiative

Michelle Akers, Executive Director, Southwestern Regional Day Report Center

Kristin Dial, CEO, Logan Healthcare Foundation





Community Health Improvement Plan/ Action Plan Development

Food Insecurity/Access to Healthy Foods

- Decrease sugary beverage consumption
 - Water station installation
 - Concession stand water incentive
- Promotion of health food at food pantries
 - Greenhouse





Discovery of Resources

Raised beds
Potential land
Food distributions
Access to fresh foods



Hungry Lambs Food Initiative

- **Established 30 years ago at the First Presbyterian Church in Logan serving around 20 families per month**
 - **Currently serving over 300 families per month**
 - **Housed in the Logan County Resource Center**
 - **Two drive through pantries each month**
 - **Satellite pantry in Hamlin, WV – Lincoln County**
- **Expanded to offer disaster relief services and emergency food boxes**





Logan County has a food insecurity rate of 13.5%
5.1% higher than the national average.

In 2024, Hungry Lambs served 315 Logan County
families. 153 children were served. 223 Seniors.

Despite generous community support, fresh
vegetables are expensive and difficult to source for
the pantry.



Fresh Start

Federally funded COSSUP grant program that integrates recovery from substance use disorder with agriculture-based training.

Unique approach to recovery: healing comes not just from receiving help, but from giving it.

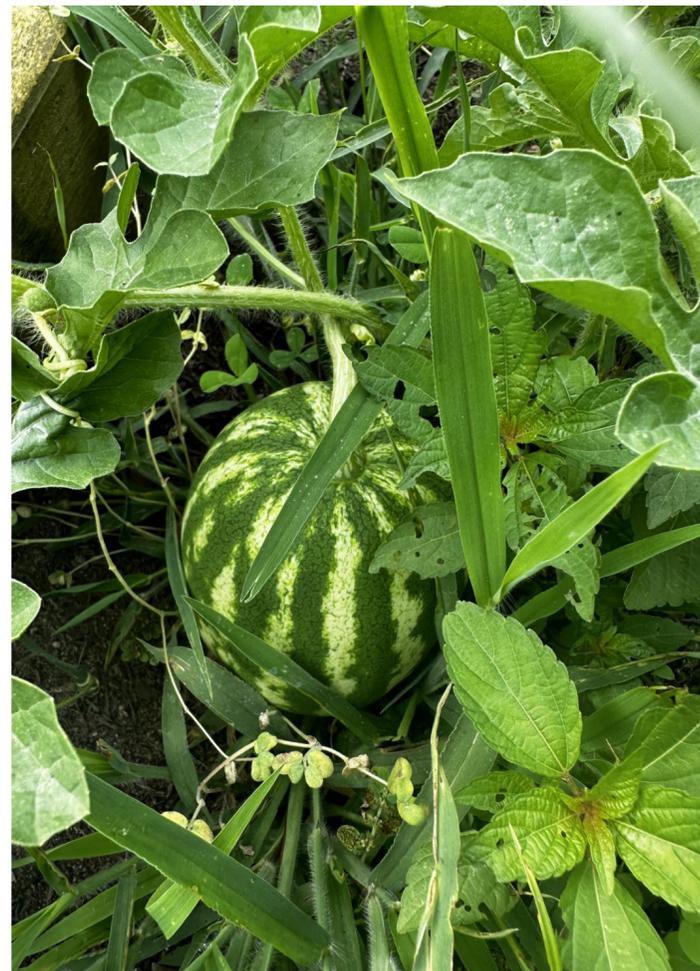
Sense of purpose, being needed, contributing value to the same community where many have felt like outcasts.





Cultivating Purpose and Renewal

Nothing symbolizes the mission of Fresh Start better than its community gardening initiative. Being there for friends, family and neighbors with food insecurity. Helping them to feed their families. That's the heart of the program.





Improving Food Access and Providing Pathways to Sustainable Careers

Through collaboration, Fresh Start has forged pathways from job readiness to careers:

Wild Wonderful Healthy Logan County
National Guard's Patriot Gardens Program
Grow Appalachia
Hungry Lambs Food Initiative
Coalfield Development

Over 5000 pounds of vegetables harvested in 2024
85 Fresh Start participants have received certifications
Over 100 Fresh Start participants have participated in agricultural trainings.

Next Phase: Hospitality and cooking classes and certifications
in commercial kitchen

Commercial Kitchen

- Sponsored in partnership between Fresh Start, Logan County Commission, Hungry Lambs Food Initiative, and Logan County Charitable and Educational Foundation



Greenhouse Development



WWHLC helped secure funding with Fresh Start and Hungry Lambs Food Bank to purchase and install a greenhouse.





Ribbon Cutting



Greenhouse Development





In January 2025, 165 families received fresh lettuce. 20 pounds of lettuce and 9 pounds of radishes have been harvested this month.





Call to action



Questions or Comments?



Wild, Wonderful & **HEALTHY**
Logan County

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HEALTH Write a post...

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Improve people's experience contacting your Page by setting up automatic replies in Messenger. You can greet them, share more info about your Page, or tell them when you're away.

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Suggested Groups

- Reincarnated with 260 Members • 9 posts a week [Join](#)
- Kendals Crusade 1K Members • 5 posts a week [Join](#)
- Dazzlelicious 213 Members • 6 posts a day [Join](#)
- Medical Medium Detox Supp... 22K Members • 10+ posts a day [Join](#)
- Justice Elementary... 298 Members • 10+ posts a day [Join](#)

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