REMAGING PUBLIC HEALTH FOR THE 21st CENTURY

A VISION FOR THE CHANGING LANDSCAPE

BY: KATELYN JETELINA, MPH PHD





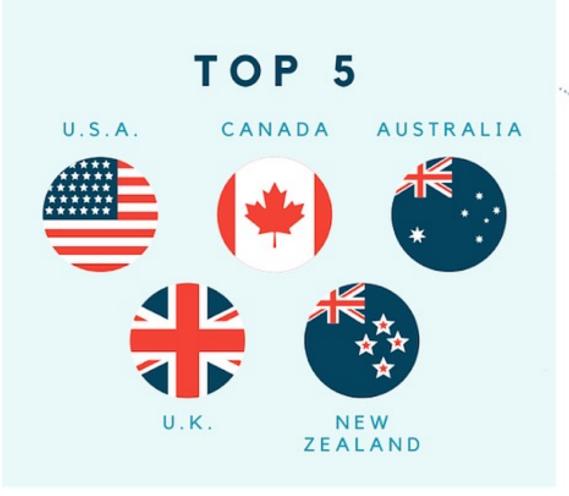


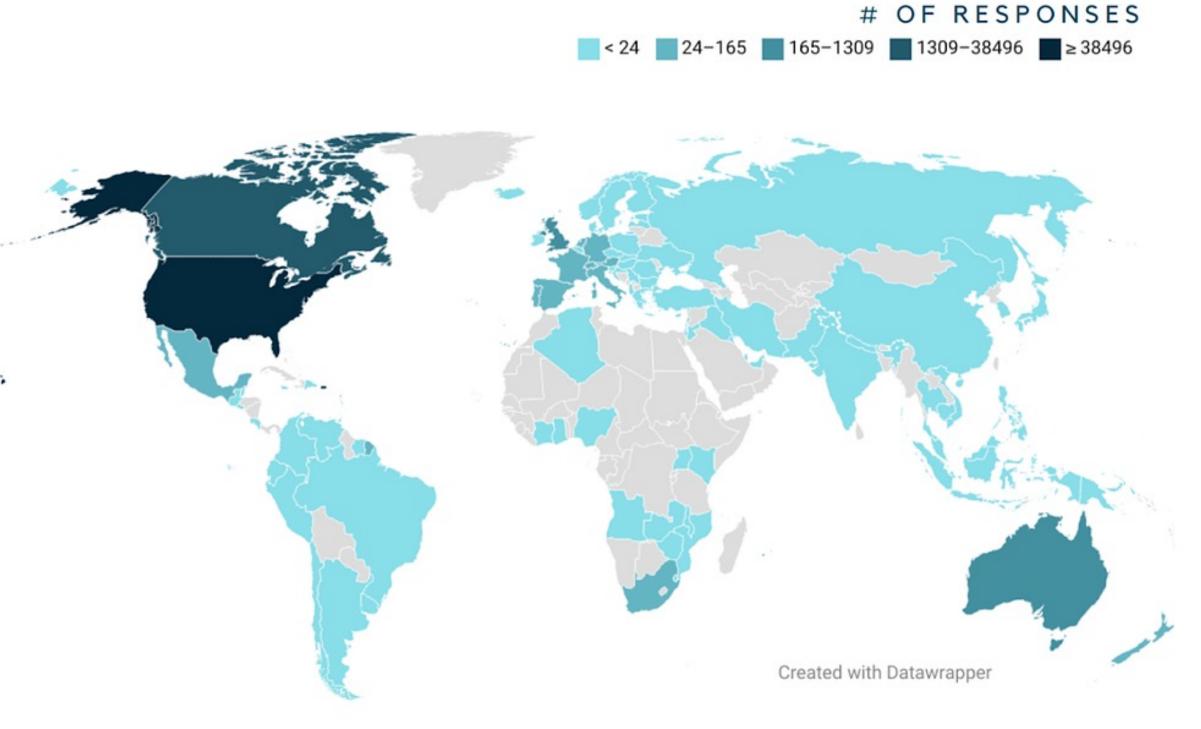


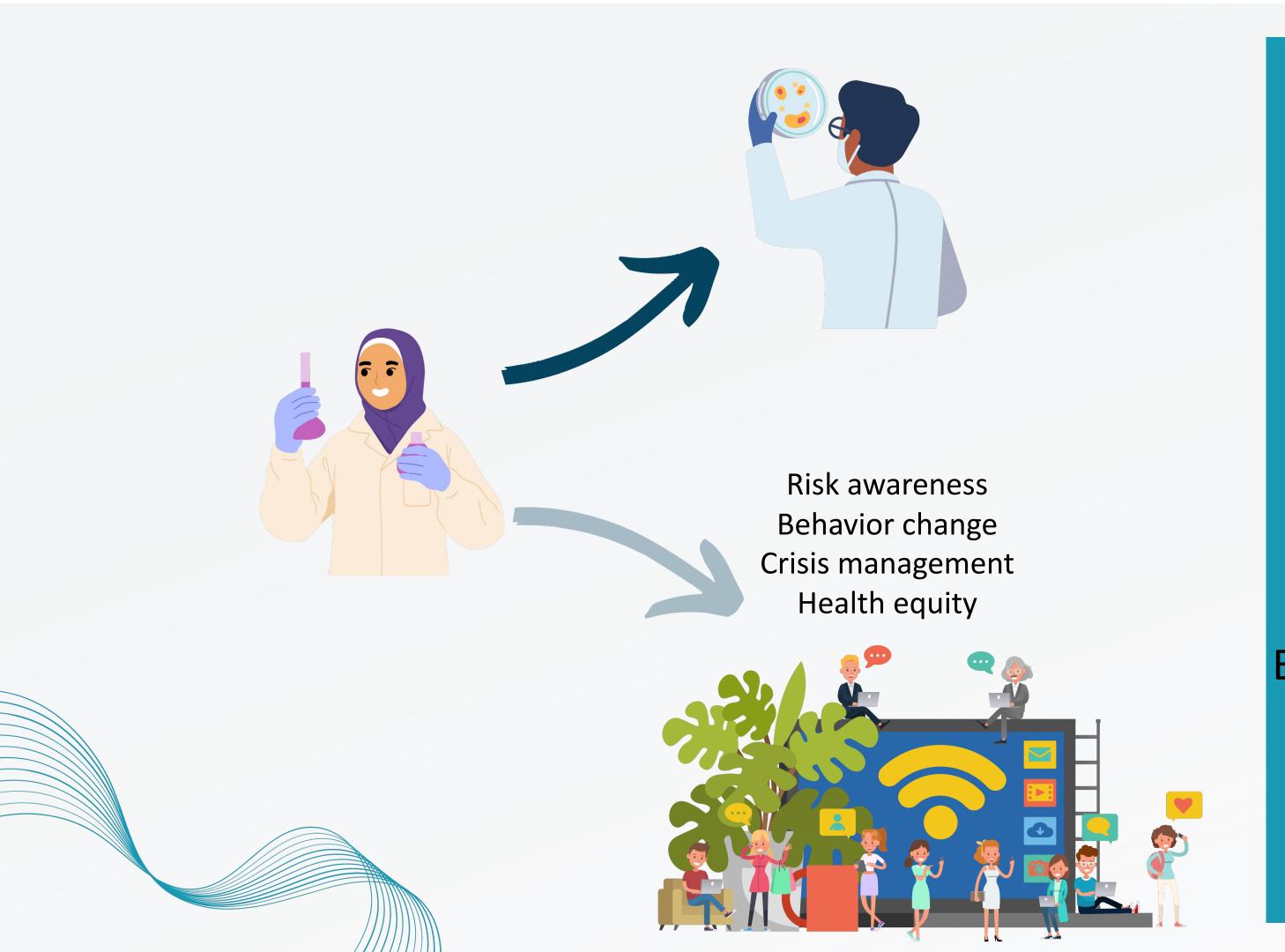


GEOGRAPHIC DISTRIBUTION

YLE READERS LIVE IN 97 COUNTRIES



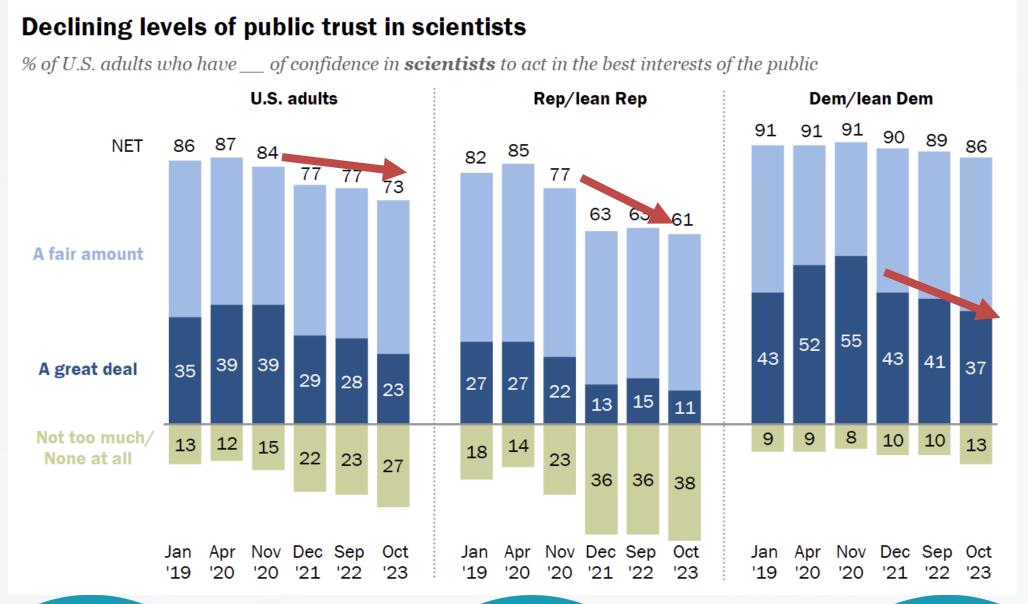




Propels scientific inquiry forward

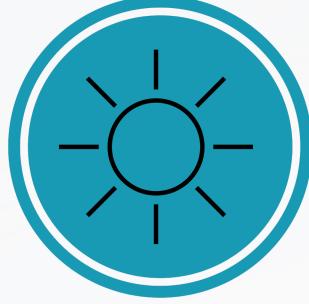
Engendering societal dialogue, catalyzing transformative change

Decline in trust

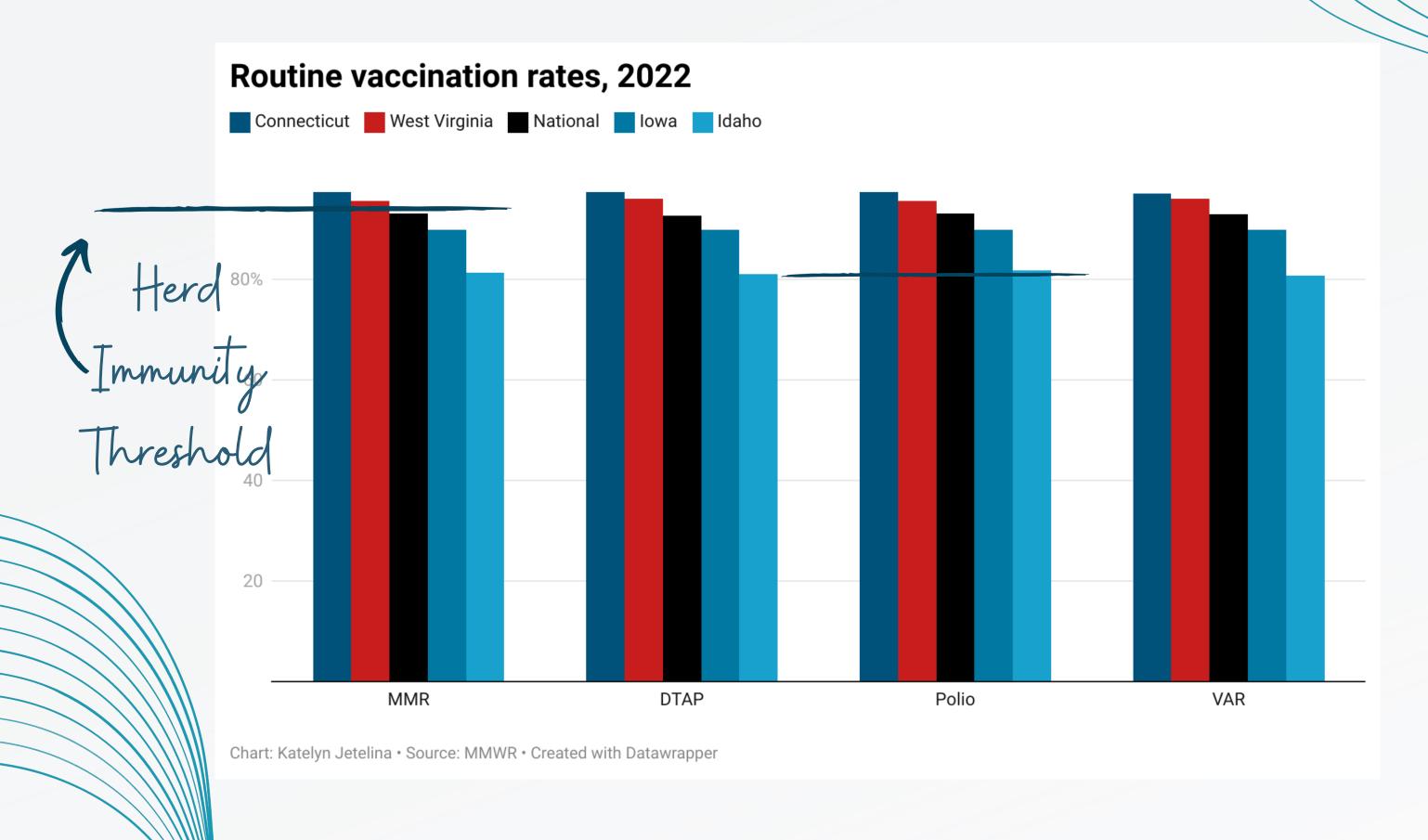






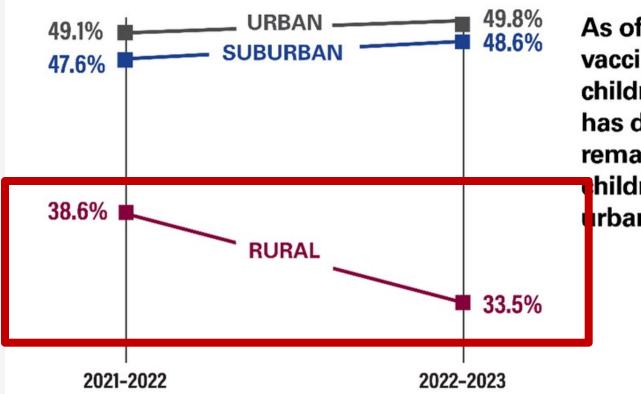


250,000 kindergarteners are not up-to-date on routine vaccinations



Source: MMWR

Flu Vaccination Coverage in Children 6 Months to 17 Years



Data source: CDC's National Immunization Survey-Flu.

As of December 24, 2022, flu vaccination coverage among children living in rural areas has declined this season and remains lower compared to hildren living in suburban and rban areas.

% of kindergarteners with a vaccine exemption

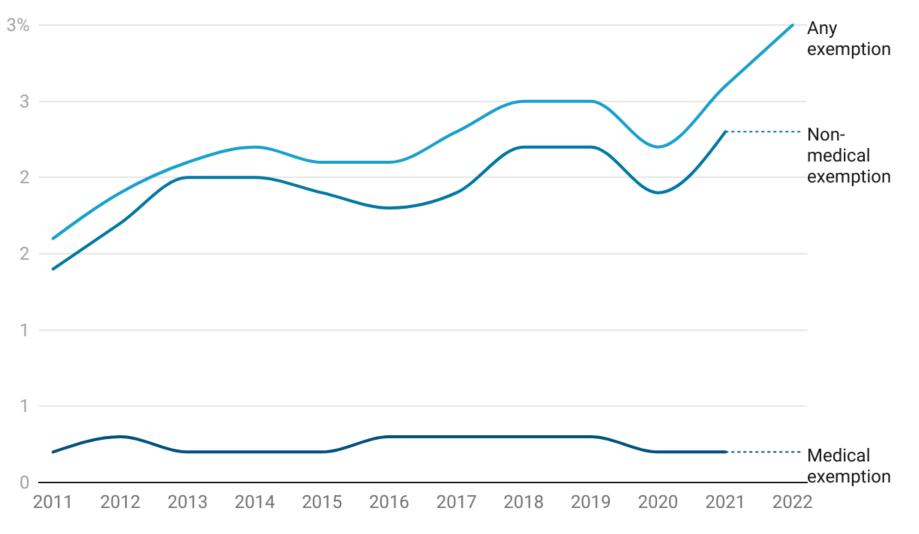


Chart: YLE/Katelyn Jetelina • Source: CDC • Created with Datawrapper

HEALTH AND SCIENCE

How polio came back to New York for the first time in decades, silently spread and left a patient paralyzed



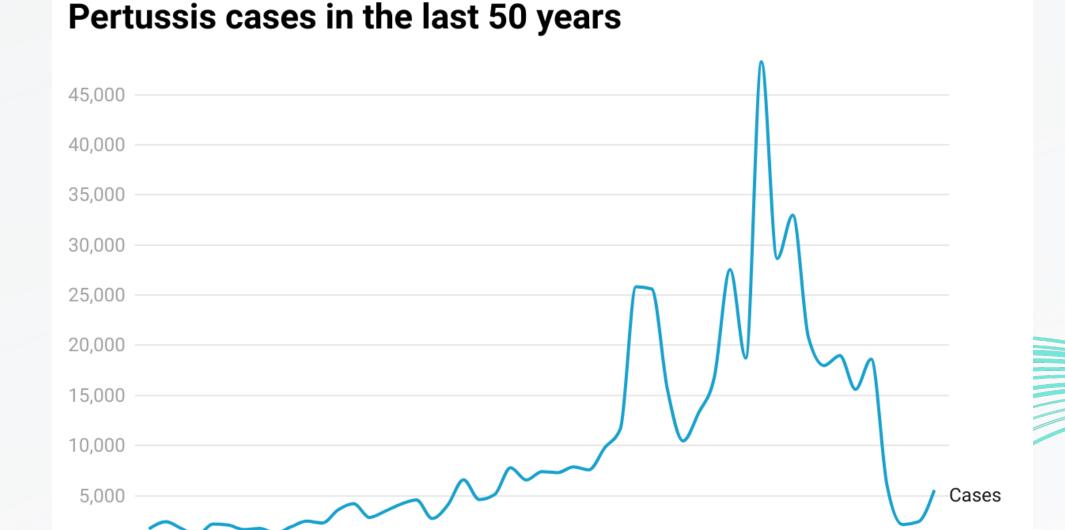
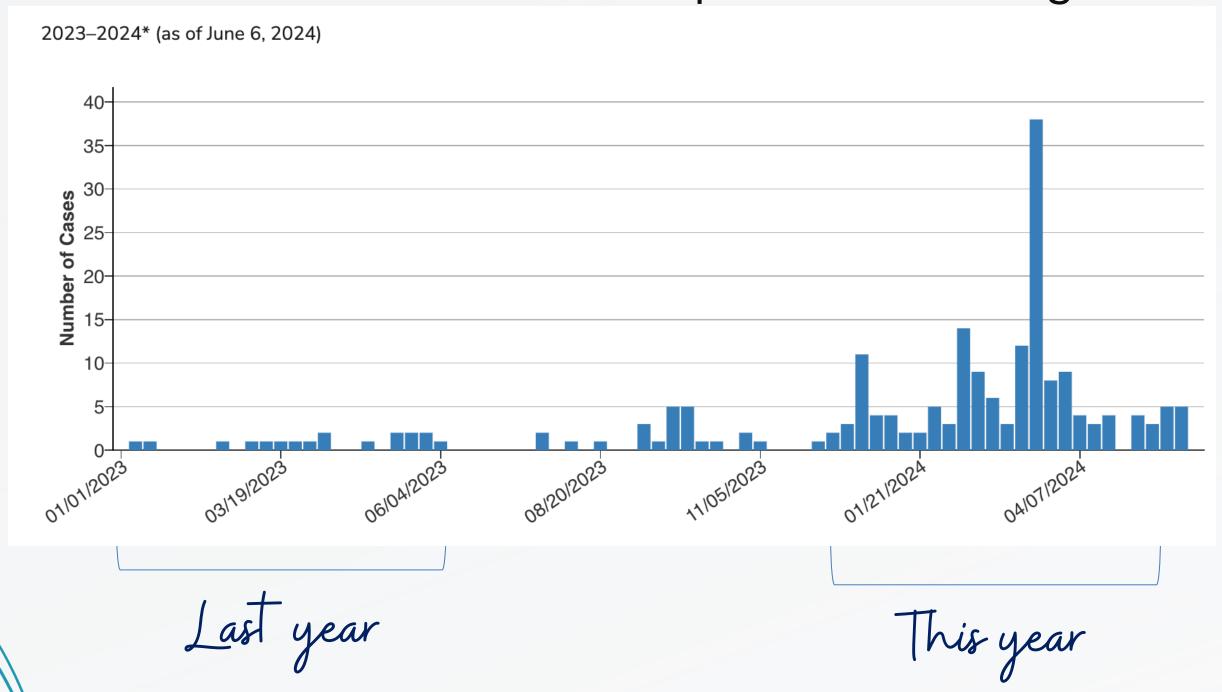
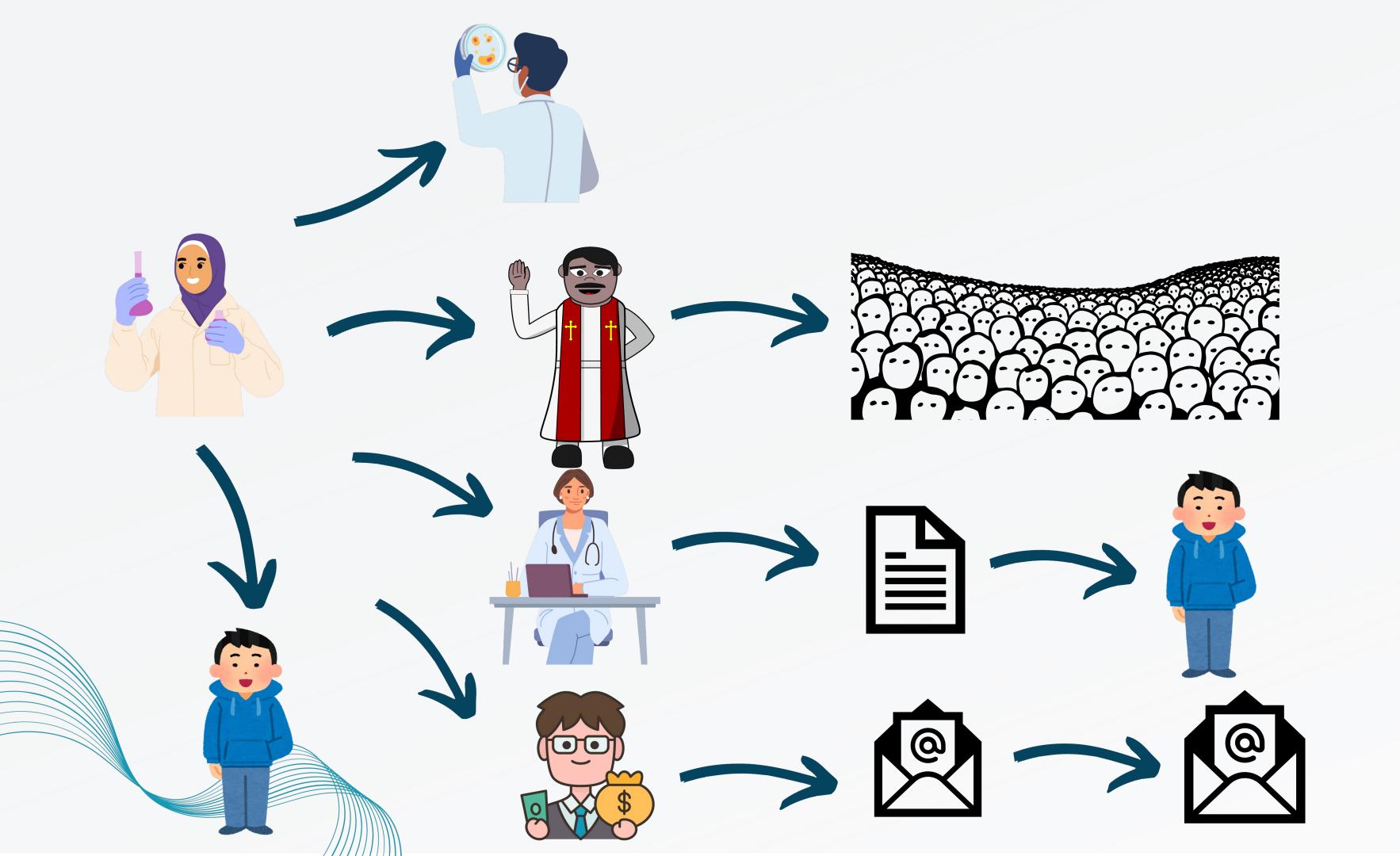


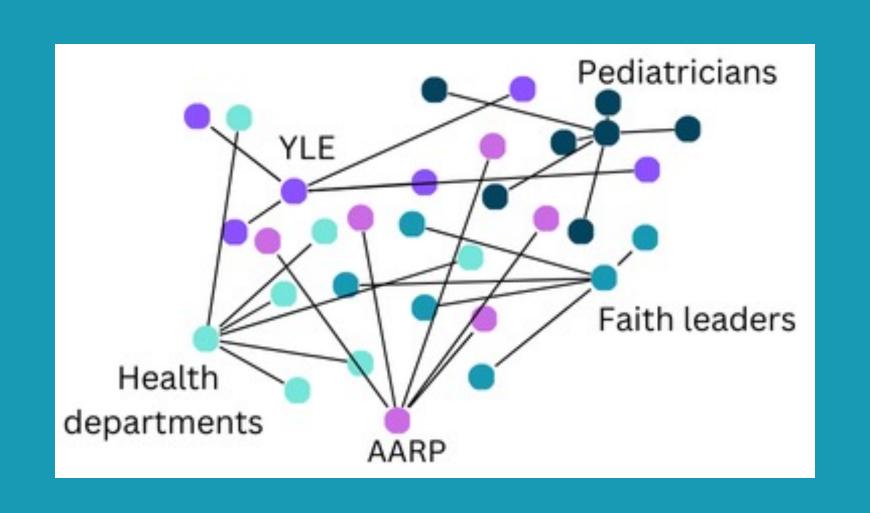
Chart: YLE · Source: CDC · Created with Datawrapper

Number of measles "sparks" increasing



WHAT DO WE DO?





Who are trusted messengers?

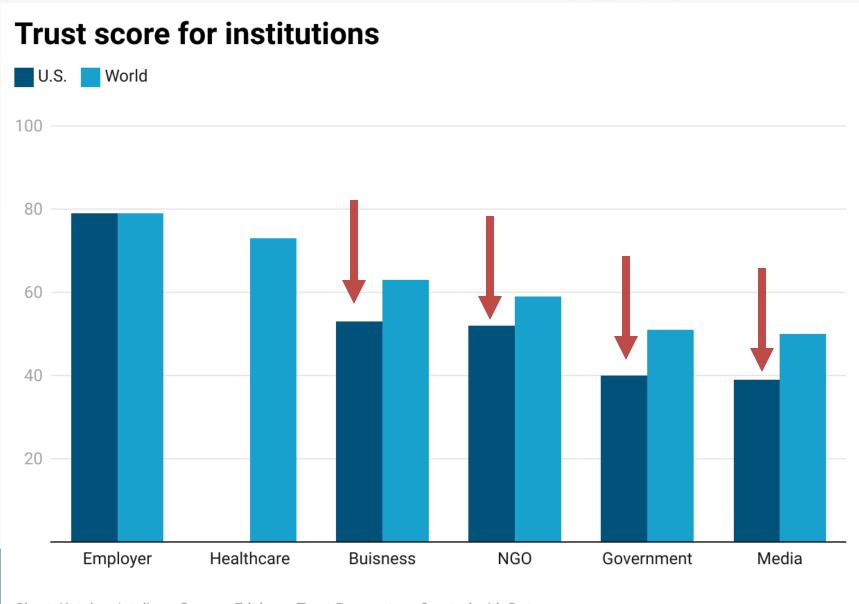
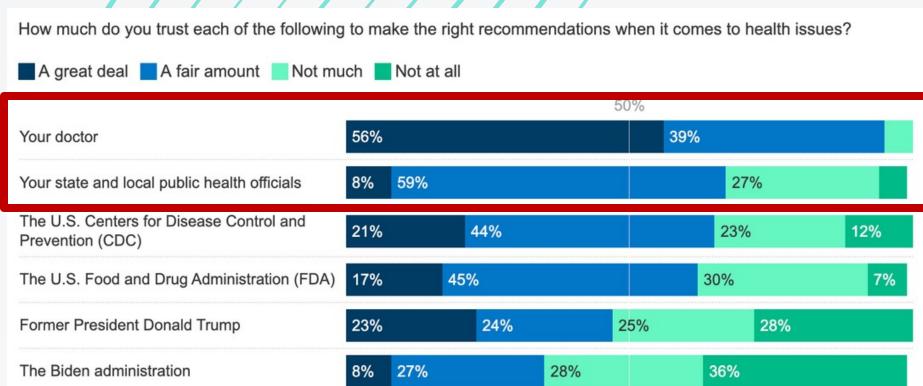


Chart: Katelyn Jetelina • Source: Edelman Trust Barometer • Created with Datawrapper

Who are trusted messengers?







TIPS FOR TRUSTED MESSENGERS

Tips for trusted messengers

1. KNOW WHY YOU ARE TRUSTED

- 2.
- 3.
- 4.

- RELATABLE— Can hang. Background, skills, and experiences overlap with the target audience
- BELIEVABLE Genuine, transparent, and motives are clear
- CREDIBLE—Bring useful knowledge and skills that others don't have

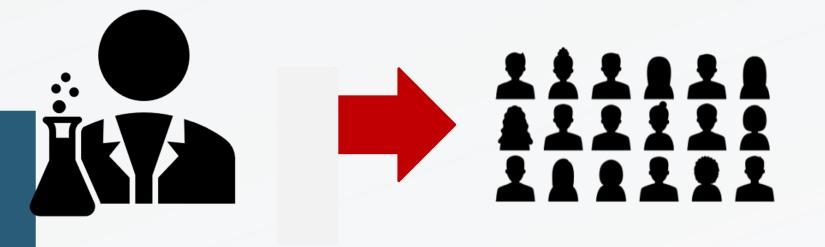


H5N1

- Highest risk
 - Agriculture workers
 - Undocumented workers
 - Health and wellness groups that drink raw milk
- Trusted messenger feedback
 - Not worried about pink eye
 - Mental health is top concern



"Open a two-way street"



Hearing

- Easy: accidental; automatic.
- Passive: involuntary; effortless.
- Physical Function: involves the ears.

Listening

- Hard: requires practice and being alert.
- Active: a conscious effort;
 requires focused involvement.
- Internal Behavior: involves mind and body.

- Legitimate concerns exist
- Look for questions. Open a tip line
- Know where people are talking

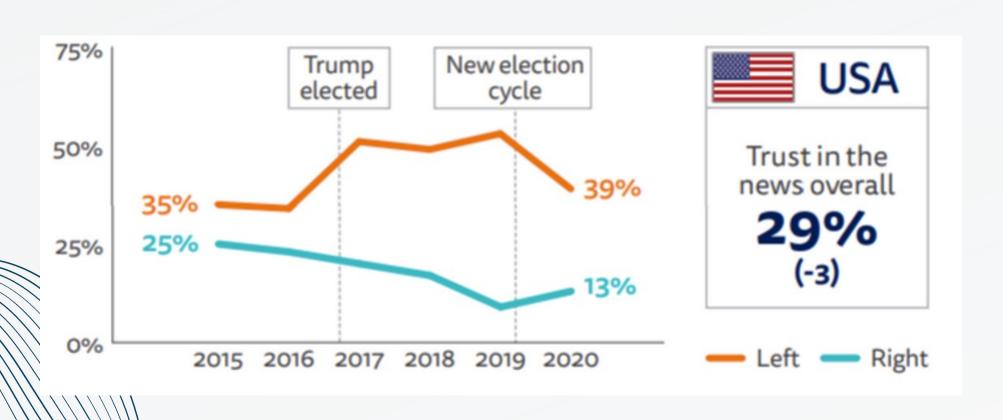


Tips for trusted messengers

- 1. KNOW WHY YOU ARE TRUSTED
- 2. MEET PEOPLE WHERE THEY ARE AT
- 3.
- 4.

Information landscape changing





PROPORTION THAT USED EACH AS A SOURCE OF NEWS IN THE LAST WEEK (APRIL 2020) – SELECTED COUNTRIES

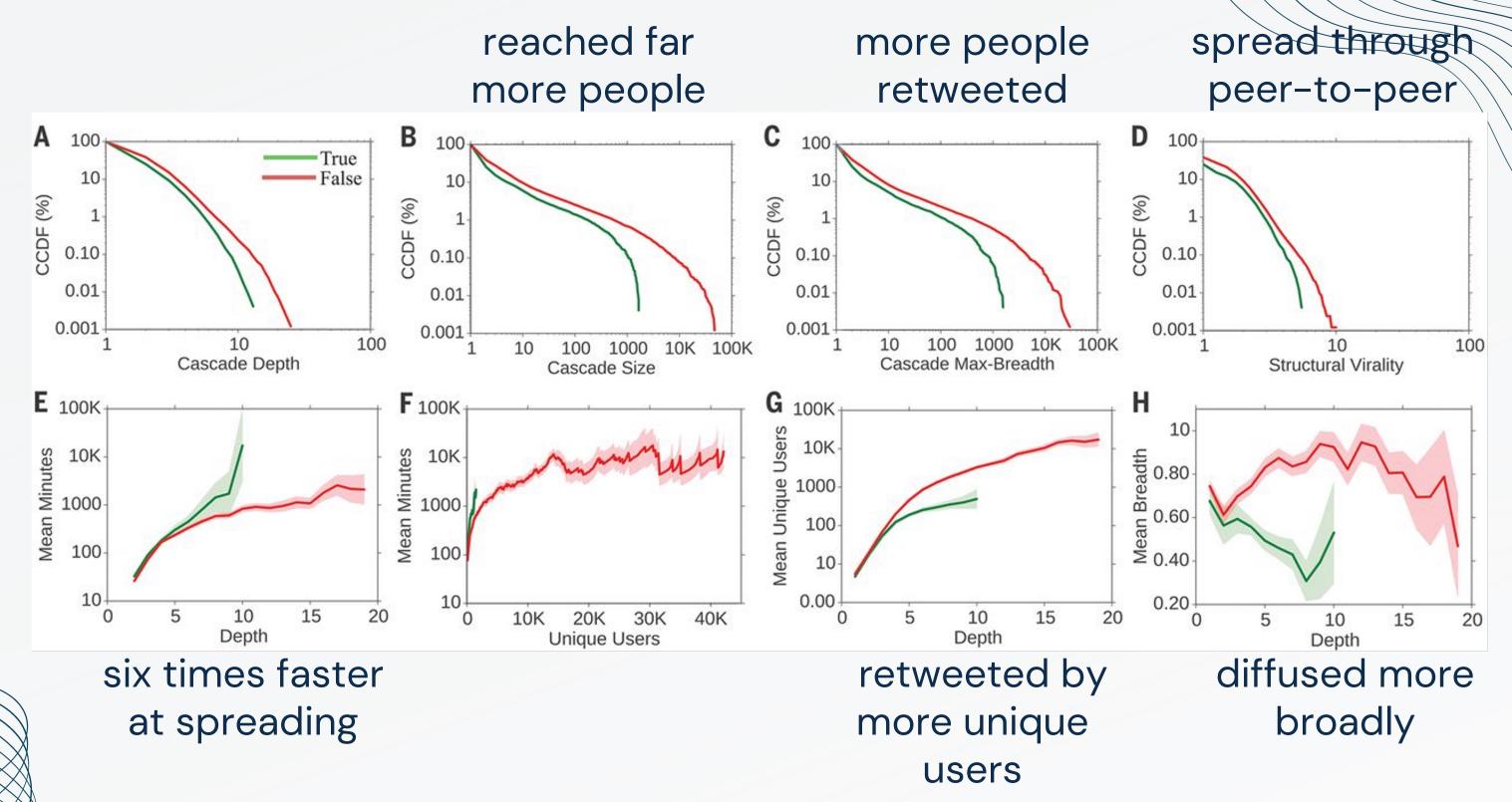
	Online (incl. social media)	TV	Social media	Radio	Print (incl. mags)
UK	79%	71%	47%	35%	18%
USA	73%	60%	47%	21%	16%
Germany	69%	72%	39%	41%	26%
Spain	83%	71%	63%	24%	28%
South Korea	85%	65%	51%	14%	19%
Argentina	90%	77%	78%	24%	30%
Average change from January	+2	+5	+5	+2	-2

Our relationship to information is emotional





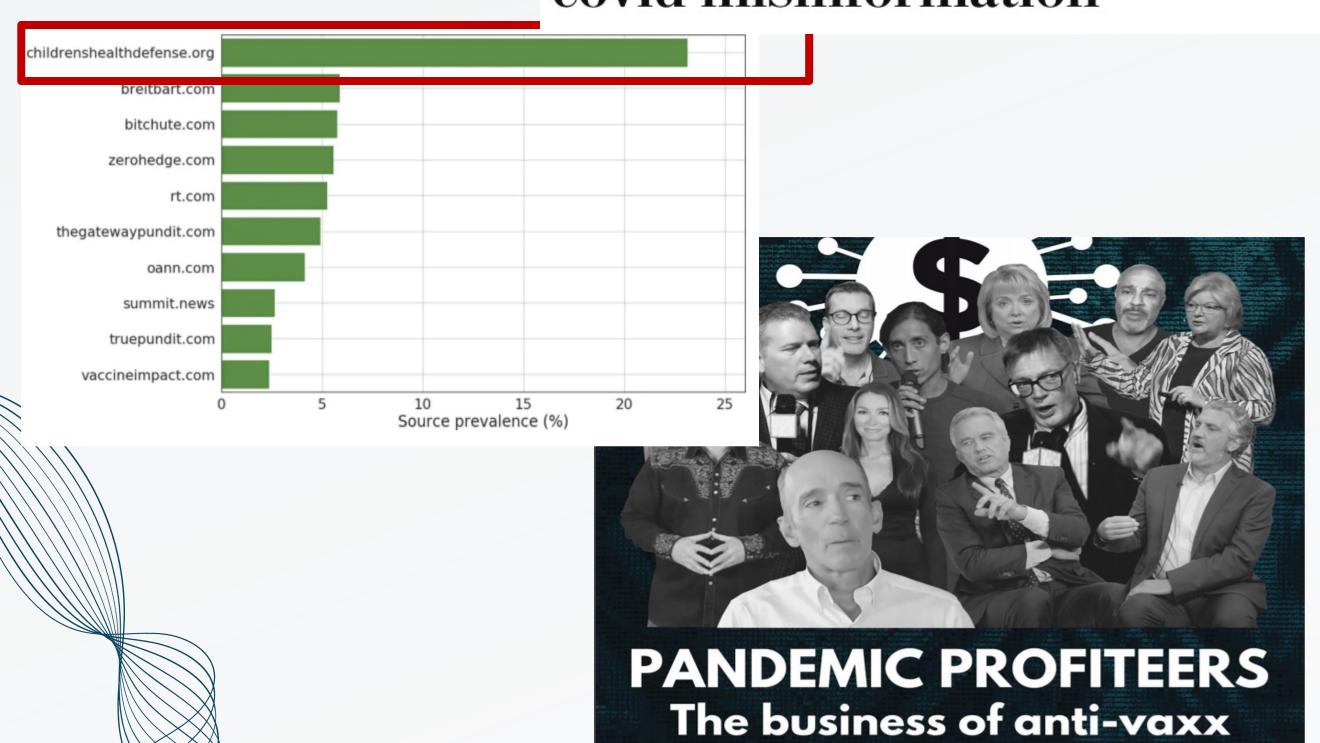
Misinformation goes farther, faster, deeper, and more broadly than the truth



The Washington Post

Tax records reveal the lucrative world of Tweets shared by users geolocated in the U.S. that li covid misinformation

ton Post



A major funder of the antivaccine movement has made millions selling natural health products



Pierri et al., (2022) Online misinformation is linked to early COVID-19 vaccination hesitancy and refusal. Nature

Growing acceptance of vaccine misinformation

2021 2023

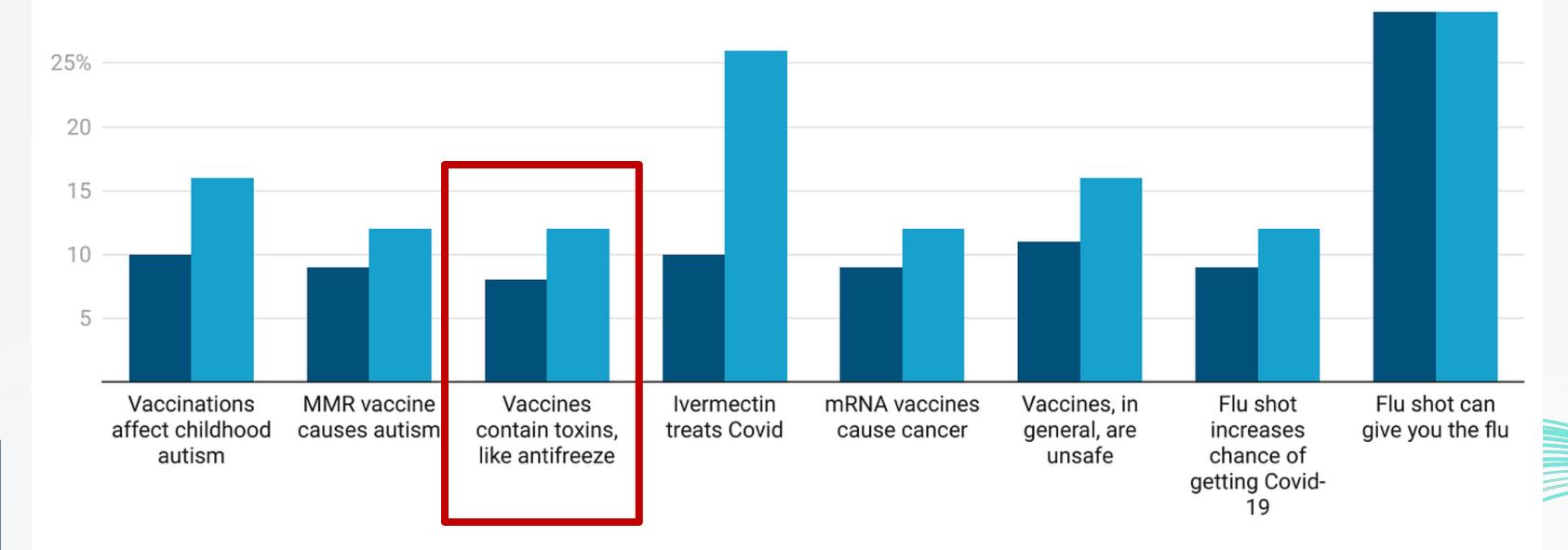
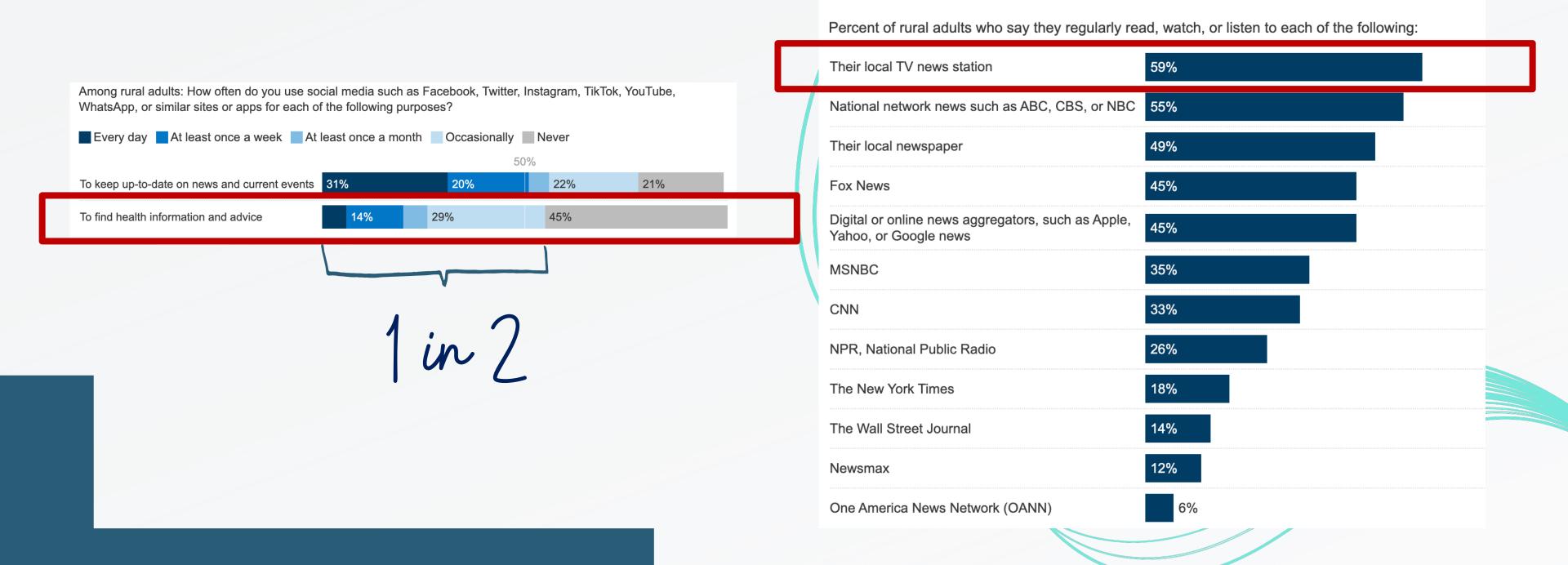


Chart: YLE/Katelyn Jetelina • Source: Annenberg Public Policy Center • Created with Datawrapper

"Misinformation is not like a plumbing problem you fix. It is a social condition, like crime, that you must constantly monitor and adjust to."

-TOM ROSENSTIEL

Tip: Meet people where they are at

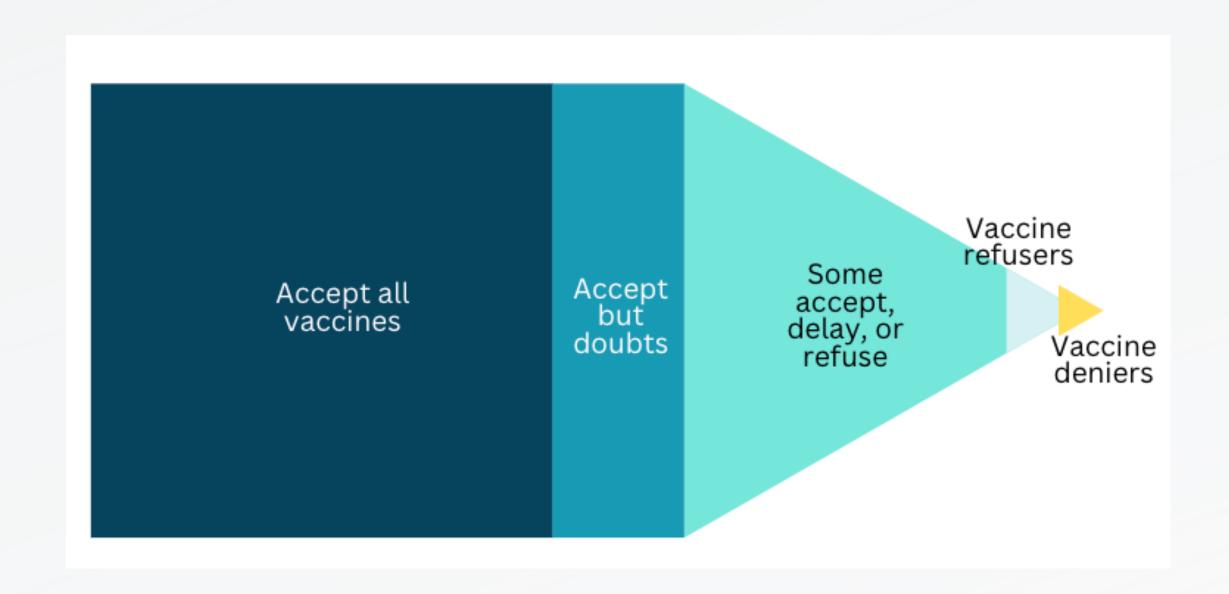


Traditional media

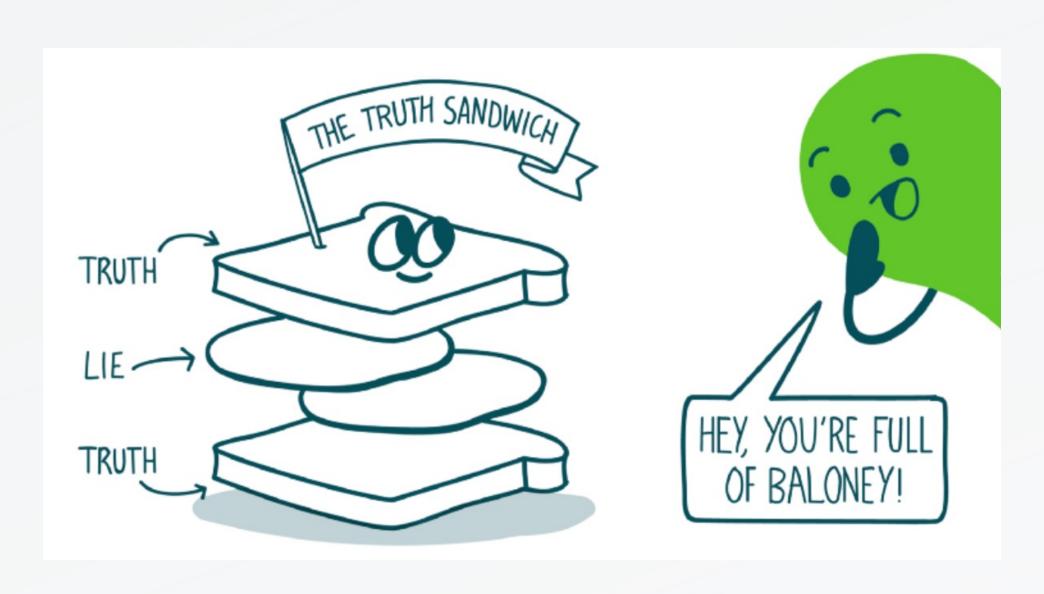
Traditional And Social Media Use Among Rural Adults

Social media

Tip: Audience is everything



Tip: Truth sandwich



Far broader crisis

Misinformation



Information

Tip: Anticipate needs

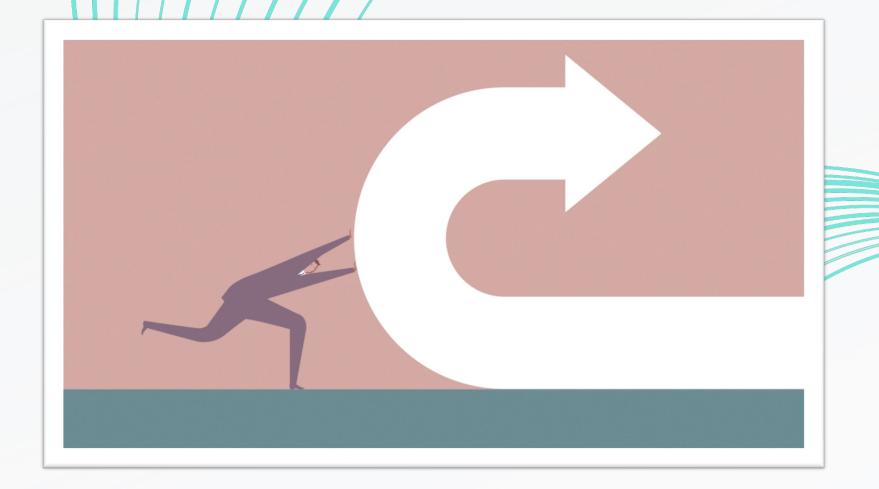
9 months of preparation

Date	Milestone
Dec 1	Covid-19 illness documented (unpublicized Nov 17 th)
Jan 10	SARS-CoV-2 virus sequenced
Jan 15	NIH designs mRNA vaccine in collaboration with Moderna
Mar 16	Moderna Phase 1l2 trial begins
May 2	Pfizer/BioNTech Phase 112 trial begins
July 14	Moderna Phase 112 trial published in NEJM
July 27, 28	Moderna and Pfizer/BioNTech Phase 3 trial begins
Aug 12	Pfizer/BioNTech Phase 112 published in Nature
October 22,27	Enrollment in both Phase 3 trials complete; >74,000 participants
Nov 9	Pfizer/BioNTech announces interim analysis efficacy > 90%
Nov 16	Moderna announces interim analysis efficacy 94.5%
Nov 18	Pfizer/BioNTech announces 95% efficacy as final result
Nov 20	1st EUA submitted by Pfizer/BioNTech
Nov 27	Distribution of vaccine by UAL charter flights throughout US
Dec 10	FDA External review of Pfizer/BioNTech EUA
Dec 11	Phase 1a Vaccination begins for health care professionals*
	*Provisional on positive external review

*Provisional on positive external review

Tip: Engage with humility

- ✓ What do we know?
- What do we **not** know?
- ✓ How are we finding answers?



Tip: Translate

Science communication 而用品品 scientists the public

"If you can't explain it simply, you don't understand it well enough."

-Albert Einstein

Readability Nuance Uncertainty Act Stats Read Scientific jargon Understand

Tips for trusted messengers

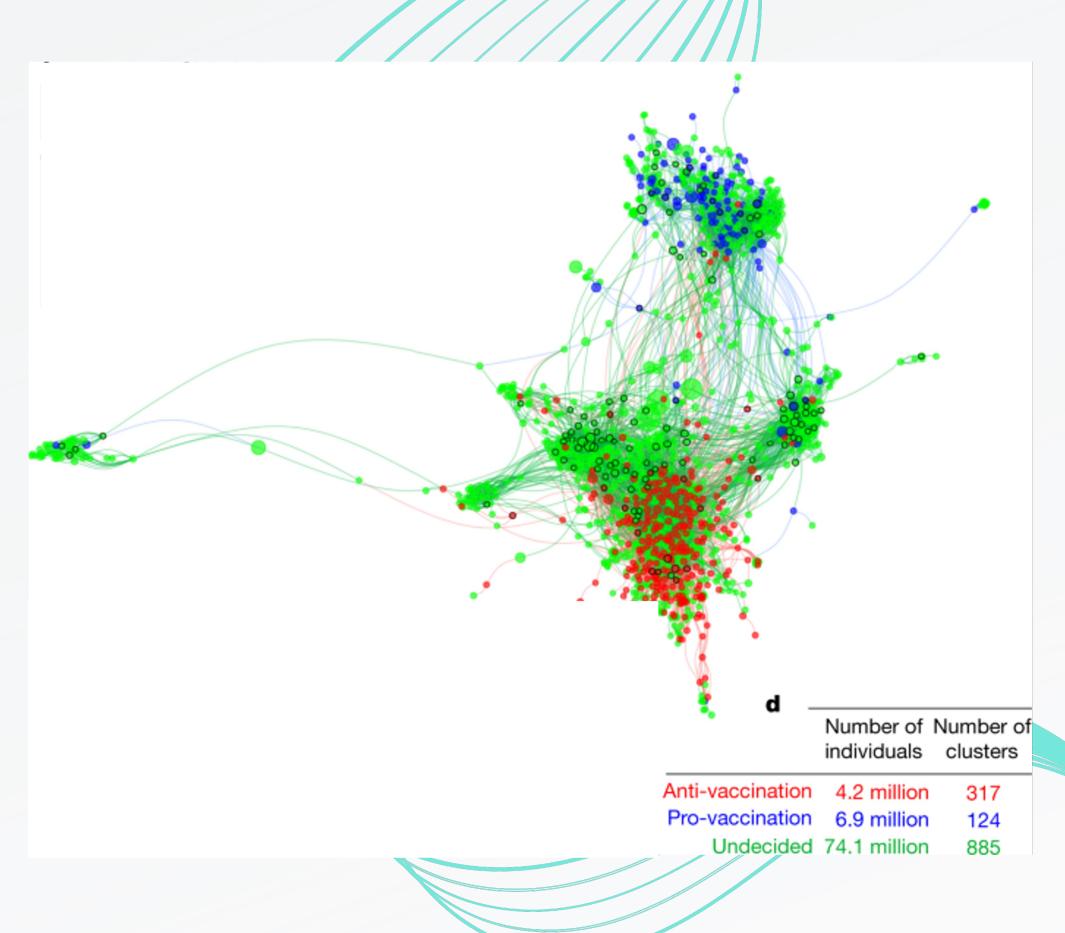
- 1. KNOW WHY YOU ARE TRUSTED
- 2. MEET PEOPLE WHERE THEY ARE AT
- 3. IT'S NOT JUST WHAT, BUT HOW
- 4.

More of this Lese of this Here's why Facebook, YouTube, and more are removing that dumb Plandemic video on Coronavirus : 9 réactions absurdes des humains face à l'épidémie 'Absolutely insane': Anti-vaxxers promote coronavirus conspiracies A bizarre conspiracy theory puts Bill Gates at the center of the coronavirus crisis — and major conservative pundits are circulating it Coronavirus y conspiración: historia de las teorías absurdas durante las pandemias ts Alors que l'épidémie continue de gagner du terrain, les théories fumeuses sur l'origine du coronavirus fleurissent sur internet. Petit florilège.

Drug companies.... Meanear researchers

Mass vaccination site Community vaccine clinic

Be inclusive



Johnson et al. (2020) The online competition between pro- and anti-vaccination views. Nature.

- Actual person. A face. A warm body
- Consistent voice
- Credible voice

Show human side



Tips for trusted messengers

- 1. KNOW WHY YOU ARE TRUSTED
- 2. MEET PEOPLE WHERE THEY ARE AT
- 3. IT'S NOT JUST WHAT, BUT HOW
- 4. INNOVATION CAN HELP

COVID-19 VACCINE



Top 6 concerns answered

Speed does not mean rushed. It meant leveraging a whole lot of smart people, money, and decades of previous work to get us a vaccine in 9 months. This included:

- 1. Previous research (which started in 2003 thanks to SARS, COVID19's cousin);
- 2. Lots of money and resources for scientists around the world;
- 3. Production started before clinical trials were complete because the government financially supported the effort;
- 4. Although vaccines went through Phase I, II, and III, phases were overlapped to remove white space. This is standard practice;
- 5. High rates of disease in the community (unfortunately) meant we didn't have to wait for a minimum number of COVID19 cases during clinical trials;
- 6. Over 150,000 people flooded to participate in the U.S. trials. This couldn't have been done without each and every one of them

You will likely experience side effects

The vaccine was

not rushed

- Mostly mild-to-moderate side effects were reported in clinical trials: fever, fatigue, headaches, chills, diarrhea, muscle and joint pain
- Worse side effects with the second dose compared to the first
- Swollen lymph nodes were more common in the vaccine group compared to placebo. All cases resolved within 1 week
- There is a very small risk of mild heart inflammation (mRNA vaccines) or blood clots (JJ)
- There are anecdotal reports that women's menstrual cycles change after a COVID19 vaccine. The body is mounting an immune response and this is likely a side effect, like fever.

The vaccine is effective, even against Delta

- The vaccines have a 60-90% efficacy rate against Delta for any symptomatic disease Vaccines are 92-96% effective against hospitalization and death
- · We expect breakthrough cases because vaccines are not perfect. Breakthrough cases tend to be more mild
- Research shows the vaccines help avoid long COVID19 and, among those already with
- long COVID19, vaccines help alleviate symptoms for some.

It's biologically impossible for messenger RNA (mRNA) to alter DNA. In order for a mRNA femplates . Q. Search for campaigns, templates cess signal) that would allow it to enter. mRNA vaccines Set up your first campaign Tell us about your goals. Select all of the items of interest and we will curate cine doesn't have. your experience based on your region and topics of Interest. Pick as many as you like.

M. Library

♥ Community

My Location

O Asheville, NO

Campaign Target

several events would have to occur... ucleus, where DNA lives. mRNA does not have the "secret

NA. This would require a tool called "reverse

o the DNA. The mRNA would need a tool called "integrase" doesn't have.

en approved by the FDA before. It's NOT because the past gies, and SARS) have been deemed unsafe. It's because en very effective, mRNA breaks down very quickly, so it ething. Finding that something has been a challenge. For at bubbles for COVID19 worked great

ffects of mRNA COVID19 vaccines. However, based on our nan body, we do not expect long term side effects: ed from the body very quickly. mRNA is very fragile and njection. The "fat bubbles" or lipids leave within days up of the actual pathogen. This means that they don't oninfectious parts of a virus

rious adverse side effects have only popped up in the first

after the vaccine had no complications from the vaccine

s high, but people still need the vaccine because: ople who have already recovered from COVID-19, ponse (antibody and T-cell protection) gainst variants of concern r from natural infection. Its not as focused as vaccine

For more information, follow Your Local Epidemiologist (Dr. Katelyn Jetelina, MPH PhD) on Facebook or Substack



1 in 5 St. Louis adults heard about it

Bird flu spreading; one case in humans reported







Traditional: Top Down

(Government, mass media, academia)

Linear
Expertise
Deficit model

Organized, well-funded, low trust

(Doctors, scientists, community leaders)

Dynamic
Participatory
Information is emotional

High trust, unorganized, not funded

Tips for trusted messengers Translating

1. KNOW WHY YOU ARE TRUSTED Anticipating needs

Pi-directional relationship

2. MEET PEOPLE WHERE THEY ARE AT

Social media,

3. IT'S NOT JUST WHAT, BUT HOW

Knowing audience

4. INNOVATION CAN HELP

Products

Words we use

Remember why you are here

Questions?

Love, Your Local Epidemiologist