

Healthcare Personnel (HCP) Exposure Risk Assessment

Any healthcare worker who has cared for a monkeypox patient should be alert to the development of symptoms that could suggest monkeypox infection, especially within the 21-day period after the last date of care, and should notify infection control, occupational health, and the health department to be guided about a medical evaluation. This healthcare personnel exposure risk assessment will assist in determining the degree of exposure and provide recommendations. Once the degree of exposure is determined, refer to right columns for recommendations.

July 2022

				Remain close to home during the monitoring period, however, if planning to leave West Virginia during the monitoring period, please notify the local health department in advance of travel. Include dates of travel, out of state address, phone number, and any air travel with flight information.
Other Exposure	 Were within 6 feet of an unmasked patient for 3 hours or more without wearing, at a minimum, a surgical mask. Performed activities resulting in contact between your sleeves or other parts of your clothing and the patients skin lesions, bodily fluid, or their soiled linens while you were wearing gloves but not a gown. 	 Monitor symptoms for 21 days following last exposure including: Fever (greater than or equal to 100.4°F or 38°C) New lymphadenopathy (periauricular, axillary, cervical, inguinal) New skin rash 	No recommendation.	If symptoms develop and monkey pox is suspected, immediately notify your local health department. If you are unable to reach your local health department, please call 304-558-5358 Ext. 2.
	 Entered the patient room without wearing eye protection on one or more occasions, regardless of duration of exposure During all entries in the patient care area or room (except for during any procedures listed above in the high-risk category), wore gown, gloves, eye protection, and at minimum, a surgical mask. 	Self-isolate if any symptoms occur. Persons who report only chills or lymphadenopathy should remain at their residence, self-isolate for 24 hours, and monitor their temperature for fever; if fever or rash do not develop and chills or lymphadenopathy persist, the person should be evaluated by a clinician for the potential cause. Prior to reporting to work, screen/interview HCP regarding symptoms or rash.		HCP should notify their infection control staff and occupational health if exposed. Asymptomatic HCP do not need to be excluded from wok.
	 Were within 6 feet of an unmasked patient for less than 3 hours without wearing at minimum, a surgical mask. 			Avoid contact with immunosuppressed people, individuals with a history of atopic dermatitis or eczema, those that are pregnant or breast feeding, and children

	If any of the above are checked, please follow the guidance.			under 8 years old where possible. Remain close to home during the monitoring period, however, if planning to leave West Virginia during the monitoring period, please notify the local health department in advance of travel. Include dates of travel, out of state address, phone number, and any air travel with flight information.
No Risk	Exposure that public health authorities deemed did not meet criteria for other risk categories.	None recommended.	None.	No additional recommendations.