Sustaining and Renewing Your Culture when Dealing with the Unexpected

Presented by Joe Tye

Institute for Health Care Governance June 8, 2021





The International Year of the Nurse turned out to be a whole lot different than what we expected!





Whatever you most need at any time in your life >>>

Will be hardest for you to find at precisely the time you need it most.



8

Furthermore, the people who need it the most will often be most resistant to acknowledging that they do.

















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A recent NurseGrid/AORN report about the pandemic's toll on nursing says that "the constant stress is taking its toll, with 61% expressing concern about burnout as compared to only 25% in April." "The healthcare industry may have a serious mental health crisis on its hands in the near future. COVID-19 was the earthquake. <u>Widespread cases of PTSD in</u> <u>healthcare providers are the aftershocks.</u>"

> Mark Goulston and Diana Hendel: Why Cope When You Can Heal?: How Healthcare Heroes of COVID-19 Can Recover from PTSD (emphasis added)

19

"For many other clinicians, this has been a long year of fear, despair, isolation, and tenuous resilience."



Dhruv Khullar: "A Doctor's Dark Year: In the heart of the pandemic, a trauma surgeon travels to the edge and back" *The New Yorker*, April 20, 2021

20

"There is a worldwide compassion crisis at the moment. Right now. And it matters."

And this was a year before

the global pandemic!

COMPASSION OMICS THE REVOLUTIONARY SCIENTIFIC EVIDENCE THAT CARING MAKES A DIFFERENCE EXECUTE STEPHEN TRZECIAK ANTHONY MAZTARELLI Prevole by SUBJORCE OFF BOOKE

















The paradox also applies to sustaining a positive organizational culture.

28

"Culture [cannot] be sacrificed in a crisis. A culture left untended will go someplace the leader does not want it to go, and once it does, it's impossible to get back."

> Admiral Eric Olson: "The war on the coronavirus" McKinsey Quarterly, June 2020





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Our Guiding Insights

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Guiding insight #1

Culture does not change unless and until people change. Guiding insight #2

People will not change unless given new ideas and techniques, and inspired to use them.

34

Guiding insight #3

The best way to help people be better employees is to first help them be better parents, better citizens, better humans.

35

"I got a whole new team and didn't have to change the people because they changed themselves."

> Paul Utemark, (then) CEO Fillmore County Hospital Geneva, Nebraska











"FCH will remain committed to The Twelve Core Values in the years to come. These values are visible on a daily basis in our hallways and observable in conversations with patients, families, and co-workers."

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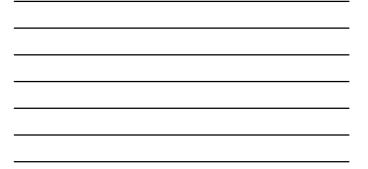
A tale of two hospitals >>>

Responses to one question on the validated VCI-17[™] Culture Assessment Survey

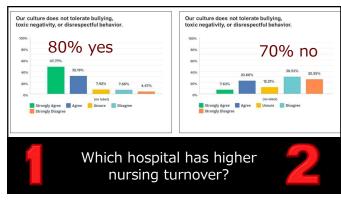




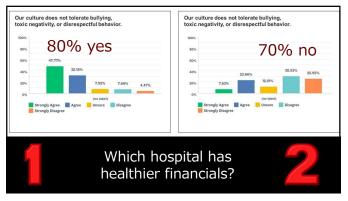


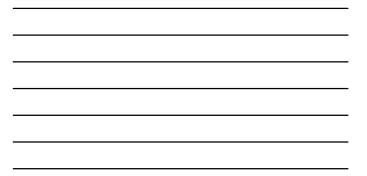


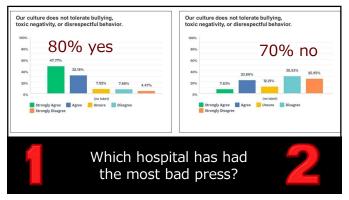
















A tale of two men^{*} >>>

*Who are both the same man

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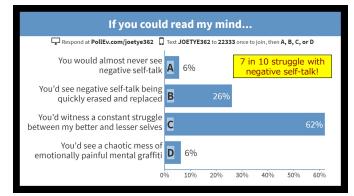


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Disengaged employees, especially disengaged managers, are a quality defect.

Jim Clifton: The Coming Jobs War

68

"Disengagement [is] one of the chief causes of underachievement and depression."

Edward M. Hallowell, M.D. in HBR, 12-10















Just when you thought United's PR catastrophe couldn't get any worse



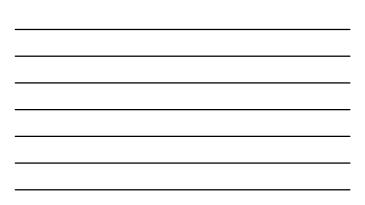






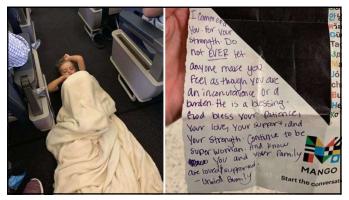










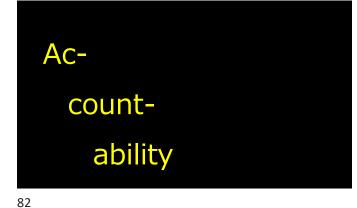




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Accountability

Doing what you are told to do because there are consequences. Accountability is imposed by the **extrinsic** motivation of reward and (mostly) punishment.





Ownership

Doing what needs to be done because you expect it of yourself. Ownership springs from the **intrinsic** motivation of personal pride. In a culture of ownership everyone has the same job description…



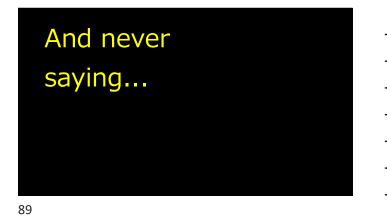
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In between whatever else needs to be done.







The

Accountability Continuum

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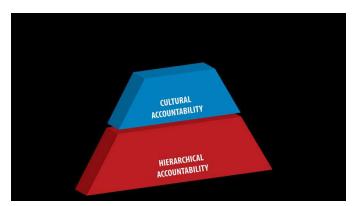


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No one ever won a DAISY Award by being held accountable!



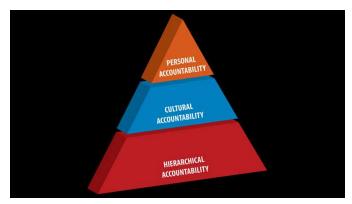
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It means replacing learned helplessness with initiative and replacing resentment with gratitude. It means that if you see something needing to be done you do it, and if you need help you ask for it.

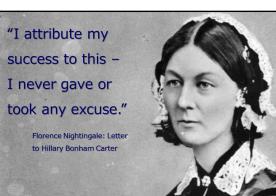
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It means replacing "not my job" with "how can I help?" and meaning it.

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It means confronting the bully or the emotional vampire when it would be easier to look the other way. It means giving a coworker a hug when you know that "I'm fine" really means "I'm frustrated, insecure, negative, and exhausted."

106



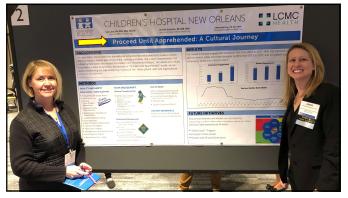
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Proceed Until Apprehended! "We need to see opportunities where others see barriers. We need to be cheerleaders when others are moaning doom-andgloom."



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Invisible Architecture

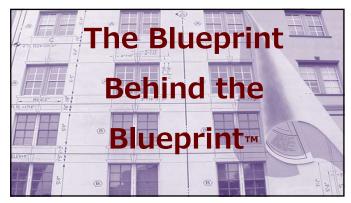
"Invisible Architecture" is a trademark of Values Coach Inc.

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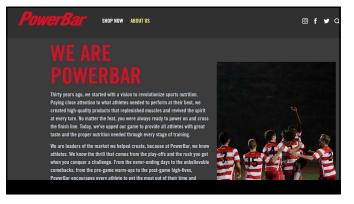
Invisible architecture is the soul of your organization the way physical architecture is its body.





119

Core values define who you are, what you stand for, and what you won't stand for.





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A DIFFERENT KIND OF BOTTOM LINE

At Clif we're guided by our values – we call them our Aspirations. Like striving to create a healthy and sustainable food system. Futuring our brands and business are healthy so that we can do more good. And caring about the people, places, and communities we touch.

SUSTAINING OUR BUSINESS

Building a healthy, resilient company means that we can invest in the long term, be a catalyst for change, and do more good in the world.

SUSTAINING OUR BRANDS Creating brands with integrity, quality, and authenticity means crafting good food from sustainably sourced ingredients.

SUSTAINING OUR PEOPLE

Being family- and employee-owned means taking care of our people, working side by side, and encouraging each other. Our company is our people.

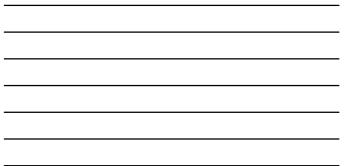
SUSTAINING OUR COMMUNITIES

Promoting and supporting sustainable communities both locally and globally means making a difference where we work, source, and play.

SUSTAINING THE PLANET

Conserving and restoring our natural resources means growing a business that operates in harmony with the laws of nature.





The problems with generic values statements >>>>>

- Integrity
- Compassion
- Accountability
- Respect
- Excellence

Problem #1

They do little to differentiate you from everyone else who has posted the same values

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Problem #2

They establish a low bar for expectations (of course patients expect Integrity, Compassion, Respect and Excellence!)

128

Problem #3

They are unlikely to inspire team members (who likely don't know them anyway) Five of my favorite core values – none of which are from healthcare

130

Be yourself – unless you're a jerk

Integrated DNA Technologies

131

Expect greatness in yourself and inspire it in others

Clickstop

Build sincere friendships and relationships even when it's hard

DataRobot

133

Create fun and a little weirdness

Zappos

134

Cypress is about winning, we do not tolerate losing

Cypress Semiconductor

Living your values is hardest to do when it is most important.

136

"I was wondering if you would be interested in writing an article for *Nurse Leader*. I am getting quite a bit of feedback from our younger workforce that the cultural values of the organization are not being lived out by the leadership. I would love an article on the topic of Living Your Values."

Rose Sherman, Editor

137

Survey results...

Only 2-in-10 strongly agreed that "senior leaders don't just talk about our values, they set high expectations through their examples." What values would you have seen, or wanted to have seen, reflected in healthcare organizations over the past year?

139



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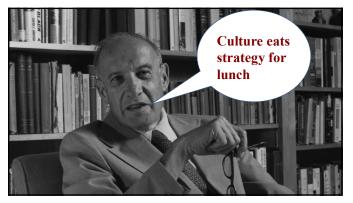
Culture is the personality and the character of the organization. Character is destiny for the individual...

Culture is destiny for the organization!



HERACLITUS

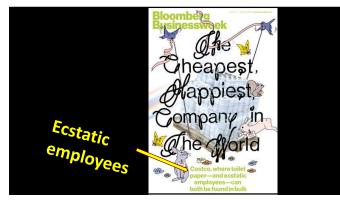
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Costco vs. Walmart Southwest vs. United Zappos vs. Payless USAA vs. Wells Fargo







People shop at Wal-Mart because they don't have to dress up like they do for the Dollar Store.

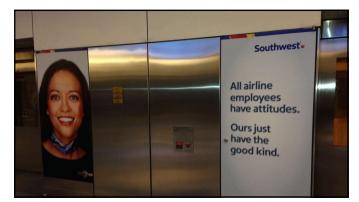


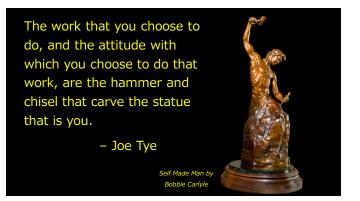






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158

Workplace attitude is determined by what you expect and what you tolerate... And what you tolerate will dominate over what you say you expect!

160

"The average worker spends 2.5 hours per day in drama."

Cy Wakeman: No Ego

161

Disengaged employees, especially disengaged managers, are a quality defect.

Jim Clifton: The Coming Jobs War

Toxic Emotional Negativity The healthcare crisis within



163

"It is a leadership responsibility to create a workplace environment where toxic emotional negativity is not tolerated."









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"If we don't put the major emphasis on how the doctors and nurses and pharmacists and managers feel about their work and their relationships with each other, we haven't a prayer at plugging the holes that have been sinking the [patient safety] ship."



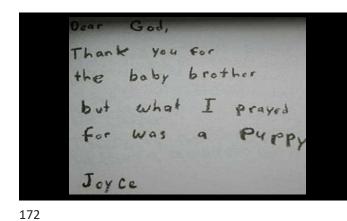
Building a Culture of Ownership

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You can't always choose who you have on the bus!



You can't just throw all the "wrong" people off the bus!

173

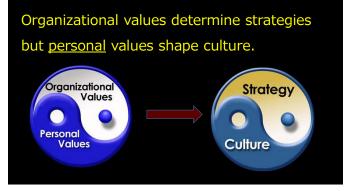
Dear God, Please Send Dennis Clark a different camp to this year. Peter



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Strategies for Building a Culture of Ownership



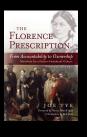


"People who are clearest about their personal vision and values are significantly more committed to their organizations."

> James Kouzes and Barry Posner: A Leader's Legacy

179

When people don't share a common set of values, you need to have lots of rules.



"If people could understand their core values, they would save years of doubt, confusion, and misplaced energy as they try to find direction for their lives."

Laurie Beth Jones: Jesus CEO

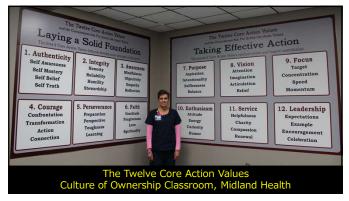






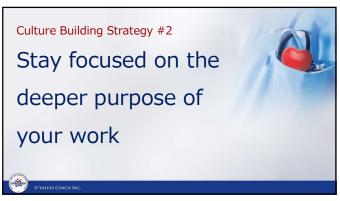


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Culture Building Strategy #3

Stand for something beyond the doors of your business

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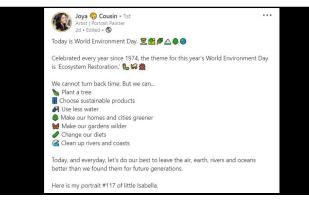








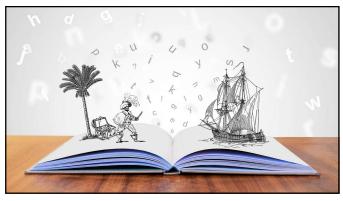
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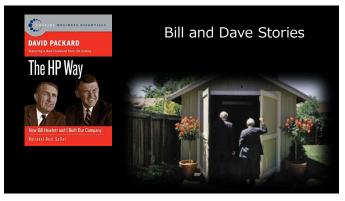
















Culture Building Strategy #6 Recognize and celebrate (any excuse for a party!)

208

"Connectedness is the most powerful antidote we have to toxic worry at work. Conversely, disconnectedness is the most common cause of toxic worry at work.

Edward M. Hallowell, M.D.: *Worry: Controlling It and Using It Wisely*







What I like most about the CHNOLA culture is... o that I see in employees live our values. From p elevator, employees goir

> we nDorse each other for helping us pilot our hotline!!! Your w eded is appreciated!!! I am proud to have y is week – lots of quick decisions m and the families we care for. I'm ho

spired to work at CHNOLA bec

nDorse each other

rse each other eading our team through uncharted terr d our team to keep our patients and ea our leadership, sacrifice, and most of all, rtain time. I have always been proud of m nding! Thank you for MAKING M/

211



Why do so many leaders forget to put cheer into their leading?

James O'Toole: Leadership A-to-Z





"Humor

empowers us with the boldness to take bigger risks and helps us bounce back more quickly from setbacks – so we can dust ourselves off and **try again**."

Humor, Seriously by Aaker & Bagdonas

214

From the CHNOLA Statement of Cultural Philosophy

We play so our children can play

We believe in the healing power of laughter, play and fun. We create an environment that encourages curiosity, playfulness, and joy to inspire hope, courage and optimism for our patients and their families. We make a point of smiling at people in corridors, we do our work with joy and enthusiasm, and we set an example of positive optimism for the children and the families we serve.

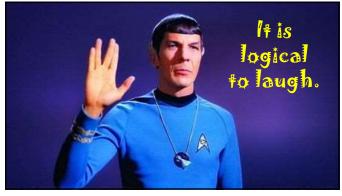






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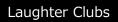
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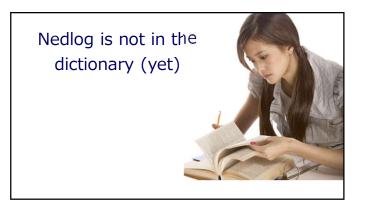
Where people come together to laugh for no reason

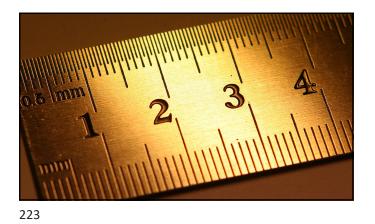




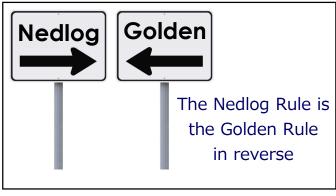














Be willing to ask for the same help when you need it



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Culture Building Strategy #9 Spark and fan an extravagant hope

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Anyone who would change the world, or a corner of the world, must have the ability to spark an extravagant hope.

Eric Hoffer



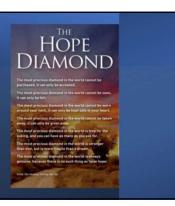
My vote for the dumbest CEO statement of the past year >>>>

232



233

Without hope even the most brilliant strategy is doomed to failure !!! There is no such thing as false hope!









No one is justa justa







Executive Team Commitment

241

Middle Management Enthusiasm

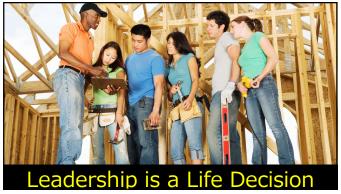
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A growing cadre of dedicated Spark Plugs

Concluding Thoughts on Leadership

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Management is what you do

247

Leadership is who you are

248

Management expects compliance

Leadership seeks commitment

250

Management is transactional

251

Leadership is transformational

In today's VUCA (volatile, uncertain, complex, ambiguous) world, we need leadership in every corner – not just in the corner office.

253

A leader is someone who takes you to a place to which you didn't know you wanted to go.

– Joel Barker

254

A leader is someone who helps you achieve goals you did not know you could achieve by becoming the person you did not realize you could be.

– Joe Tye

There is a 100% probability that by leading with values, you will change your own life in a positive way.

256

There is a 100% probability that by leading with values, you will change your culture in a positive way.

257



The <u>real</u> leadership challenge

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